

BONNY EAGLE BASKETBALL - 5 / 6 GRADE LEAGUE

RULES OF PLAY

DEFENSE:

- Only man to man defense is allowed. No zone defense or trapping.
- Playing help side defense is a fundamental aspect of basketball and is allowed **within the 3-point arc at any point during the game.**
- Double teaming is allowed within the 3-point arch throughout the game.
- When outside the 3-point arch, if a player jump switches off a screen and switches men, the other defender must guard his man until they can switch back without double teaming.
- Full court man-to-man defense is allowed at any point during the game as long as a team has a lead of no more than 9 points. If a team leads by 10 or more points, that team must fall back into a half court man-to-man defense until which time the lead falls below 10 points.

OFFENSE:

- Isolation or spread offenses, which promote one-on-one play, may be used on a limited basis and should not be utilized as your primary offensive set. The goal of the league is to strengthen the basketball skills of all participants.

FOULS:

- Coaches or a scorekeeper must count all fouls. Players foul out after 5 fouls.

TIME OF GAMES:

- Game times are four 12-minute running time periods. The clock will only stop to allow for substitutions and during the final minute of the game or for injuries etc. Coaches should substitute in accordance with the fair play rule below in order to balance playing time.

FAIRPLAY:

- Each coach will make their best effort to maximize the amount of playing time for each player. Opposing coaches will meet prior to the start of the game to determine the most appropriate match-ups for the game and strive to provide as evenly matched teams on the floor throughout the game.
- Under no circumstances should the ability of a player be discussed in front of players or parents.
- No individual player may play more than 12 consecutive minutes during a game unless the team is unable to field 5 players without a player playing more than 12 consecutive minutes.

OTHER RULES, ISSUES, or CONCERNS:

- All other traditional basketball rules apply
- Only 1 coach may stand during the game and must remain on the half of the court where their team is sitting.
- Any issues or complaints should be worked out between the coaches or brought to a league official.